

BOWL & FORK

**MENU
FEBRUARY 2024**

Starters/Shares

Mini Spring Rolls (4) (V) with sweet chilli	\$9.00
Garlic Bread (5) (V)	
Regular	\$8.50
+ cheese	\$3.50
Bruschetta (4) (V, CN) baguette, tomato, onion, pesto, feta, basil, balsamic glaze	\$15.00
Crumbed Calamari (5) with chips	\$15.00
Popcorn Chicken with chips	\$15.50
Hot Wings (6) (GF) with hot sauce	\$15.50
Pork Belly Bites (GF) with spicy bbq sauce, sesame seeds, crispy rice noodles, asian slaw	\$15.50
Chips with tomato sauce	\$6.50
Wedges with sour cream + sweet chilli	\$7.50

Burgers

\$24.50

Served with Chips

Wagyu Beef Burger

burger bun, aioli, tomato, cheese, mesclun

Steak Sandwich

Turkish bread, Kasoundi mayo, tomato, cheese, mesclun

Fish Burger

Turkish bread, tartare sauce, tomato, pickled gherkin, cos lettuce

Chicken Burger

burger bun, gherkin & pepper mayo, fried chicken, cheese, coleslaw, cos lettuce

Portobello Mushroom Burger (V)

burger bun, battered mushroom, cajun mayo, guacamole, tomato, cheese, mesclun

Pasta

Bolognese Spaghetti

home made bolognese nap sauce, served with a piece of garlic bread

Small	\$15.50
Large	\$24.50

Seasonal Vegetables Penne (V)

served with a piece of garlic bread

Small	\$13.50
Large	\$21.50

Salads

Caesar Salad

cos lettuce, bacon, croutons, Parmesan cheese, anchovies, egg, caesar dressing

Small	\$15.50
+ chicken	\$3.50

Large	\$24.50
+ chicken	\$5.50

Roast Pumpkin & Feta Salad (GF, V, CN) \$15.50

roast pumpkin, feta, pine nuts, mesclun, tomato, cucumber, roast capsicum

Mains

Sticky BBQ Pork Ribs \$21.50
with corn cobs, chips and coleslaw

With Chips and Salad:

125g Porterhouse Steak \$21.50

300g Premium Scotch Fillet \$39.50

250g Lamb Rack \$39.50

^ one sauce included

Gravy
Blue Cheese
Garlic
Pepper
Mushroom

+ Extra Sauce \$2.50

Crispy Skin Barramundi \$34.00
with lemon butter sauce

Crispy Skin Salmon \$34.00
with lemon butter sauce

Chicken Parm \$27.50
chicken schnitzel, home made nap sauce, mozzarella

Fish & Chips
with Tartare Sauce

Small \$15.00
Large \$24.00

Curry Special Ask for price
with rice and faratha

Garlic or Chilli Prawns *with rice* (GF) \$32.50

Vegetarian Mains

Vegan options available, please enquire

Stuffed Potatoes (V) potatoes, seasonal vegetables, mozzarella	\$21.50
Veggie Parmis (V, GF) eggplant, home made nap sauce, mozzarella	\$21.50

Sides

\$5.50

- Salad
- Coleslaw
- Potato Mash
- Corn Cobs
- Steamed Vegetables

Extras

\$3.50

- Egg (1)
- Bacon (3)
- Pineapple Slices (4)
- Beetroot (4)

Kids

\$12.50

Served with Chips:

Kids Sliders

Kids Popcorn Chicken

Kids Fish & Chips

Kids Pasta (bolognese)

Kids Pizza (chicken or margarita)

Kids Ice-Cream (2 scoops) \$8.00
Vanilla / Chocolate / Mango Sorbet (DF)

Desserts

\$12.00

Desserts of the day (*see TV screen/enquire*)

Coupe Ice-Cream (3 scoops)

Vanilla / Chocolate / Mango Sorbet (DF)

T/A container \$1.50
We care about the environment and our containers are eco-friendly.

Thanks for dining at Bowl & Fork

Coffee

Full cream / Hi-Lo / Soy / Oat / Almond milk available

Espresso	\$4.00
Short Black	\$4.00
Long Black	\$4.00
Macchiato	\$4.20
Flat White	\$4.50
Cappuccino	\$4.50
Latte	\$4.50
Mocha	\$4.50
Hot chocolate	\$4.50

T/A cup	\$0.50
Extra Shot	\$1.00
Extra Syrup (Vanilla/Chai)	\$1.00

Tea

\$4.00

English Breakfast with milk on the side
French Earl Grey with milk on the side
Green Tea
Peppermint
Lemon & Ginger

Iced Coffee/Choc/Mocha \$7.50

Served with cream and vanilla ice-cream